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2021 Cargill Healthy Youth Ambassador Program

Calling all movers, shakers, and healthy food makers! The Mitchell Street Branch of the Milwaukee Public Library, located on the near southside of Milwaukee, WI, is seeking dynamic youth leaders to serve as our Cargill Healthy Youth Ambassadors. Up to five students between the ages of 8 to 13 will be selected and will contribute to establishing a vital informational link to their peers and the community regarding the importance of food literacy.

Just as literacy and numeracy skills are foundational to learning and successful participation in the world, food literacy is critical for people to know how to take care of themselves and to support a more just and sovereign food system. Food literacy is having the knowledge, skills, and attitudes necessary to choose, grow, prepare, and enjoy healthy food to support your health, community, and the environment. As a Healthy Youth Ambassador, you will have the opportunity to participate in basic culinary training, cooking demonstrations, organizing community health projects, and promoting public health awareness.

Benefits of being a Healthy Youth Ambassador include:

- Students will learn the fundamentals of cooking, making healthy choices, and understand the risks of unhealthy choices in a fun and engaging way.
- Youth can take part in activities that will have a positive impact on their peers.
- The ambassadors will develop skills for the workplace and future education.
- Youth will grow in self-confidence as they have a responsible role in the community.
- Youth will earn badges and receive a certificate of completion.

Why be a Healthy Youth Ambassador?

- Learn the basics of cooking! Specifically, how to take raw ingredients and make delicious meals and snacks.
- Be a positive example for your friends and classmates.
- Gain skills that will help you in school, in college and your future career.
- Meet other likeminded students who are interested in food and the benefits it provides to our body and community.
- Earn really cool prizes and a certificate upon completion of the program.



Milwaukee Public Library 2021 Cargill Healthy Youth Ambassador Program

All applicants for the Healthy Youth Ambassador Program must meet the following criteria:

- 1) Must be between ages 8 to 13 as of April 2021 and reside in the city of Milwaukee.
- 2) Must be physically present for cooking demonstrations at the Mitchell Street Branch Library the week of May 24.
- 3) Must attend virtual orientation on May 19, at 6:00 p.m. (via Zoom).
- 4) Must be able to attend virtual team meetings every second Saturday of the month from 10 a.m. to 11:30 a.m. from June 2021 – September 2021.
- 5) Must have access to a computer and internet.
- 6) Parents must have a working personal email account and the ability to send/receive messages for communication with the program administrators and mentors.
- 7) Must be willing to perform demonstrations and give instructions on camera.

All applicants for the Healthy Youth Ambassador Program:

- 1) Must complete the Healthy Youth Ambassador Program application. A parent or legal guardian must sign the application for it to be considered complete. An electronic signature is okay.
- 2) Must submit a letter of recommendation from a person who is not a parent or legal guardian of the applicant (e.g., teacher, school counselor, principal, mentor, advisor, etc.).
- 3) Applicant must share in writing, 250 words or less, why they want to be a Healthy Youth Ambassador.
- 4) If selected as a finalist, youth must participate in a brief virtual interview. Interviews will take place May 12-14.

All applications must be completed and submitted via email with the letter of recommendation and short essay to raandre@milwaukee.gov by **Friday, May 7, 2021** at **5:00 pm** (CST). Mailed or in-person applications will not be accepted. Electronic signatures are okay.

Applicants will be notified of acceptance into the program by **May 17, 2021** and will be expected to attend a required virtual orientation meeting on **Wednesday, May 19, at 6 p.m. via Zoom**.

For more information or questions, please contact Rayna Andrews via email at raandre@milwaukee.gov.

Milwaukee Public Library
2021 Cargill Healthy Youth Ambassador Program Application

Applicant's Full Name:
Preferred Name:
School/ Grade (As of Fall 2021):
DOB:
Parent/ Guardian Name(s):
Parent/ Guardian Cell Phone #(s):
Parent/ Guardian Email(s):
Mailing Address:

Commitment

Student signature required below:

I agree, if selected, to fully participate in the Healthy Youth Ambassador's Program from May through September 2021. I pledge to adopt and share healthy living practices and be a positive role model for my family and community.

Signature

Date

Guardian signature required below:

I acknowledge and understand that my child is submitting their application to be an influencer and brand ambassador for health and wellness programming connected to the Mitchell Street Branch of the Milwaukee Public Library. I am giving the Library permission to photograph, video record and share your child's public health content and development with the public.

Signature

Date